

**GATEWAY HEALTH GROUP BOARD OF DIRECTORS  
MEETING MINUTES OF SEPTEMBER 24, 2014  
CARVER TOWN HALL**

**Attendance:**

Carver: Michael Milanoski

Lakeville: Rita Garbitt

Mattapoissett: Brenda Herbeck

Marion: Gary Carreiro, Chair., Anita Donovan

Old Rochester Regional School District: Laura Kearns

Southeastern Regional Vocational Technical School District: Mark Morris, Vice-Chair

GHG Treasurer: Debra Blanchette

EBS Foran: Edd Byrnes, Kevin Paicos

**Absent:**

Old Colony Vocational Technical School District: Sarah Griffith

Carreiro opened the meeting at 9:40am

**Review of Minutes**

Motion to accept the minutes of June by Garbitt

Seconded by Milanoski

Approved Unanimously

**Treasurer's Report**

Blanchette distributed the August bank summary reports and August expense warrants. She recommended transferring \$300K to the Investment Account leaving \$400K as working capital in September after receipt of the quarterly claims adjustment.

Motion by Milanoski that the Group authorize Blanchette to transfer up to \$400K at the end of September.

Seconded by Garbitt

Approved Unanimously

Carreiro recommended that Rockland Trust come to the next meeting to review the Investment Account.

Motion by Garbitt to accept the Treasurer's report

Seconded by Milanoski

Approved Unanimously

**Wellness**

Tanya Chakmakian, from BCBS, introduced Amy Higgins who replaced Pam Santin as wellness coordinator. Higgins formerly worked with another municipal JPG in western MA on wellness. Chakmakian updated the Group on the wellness incentive stating that 100 members to date have taken part in the Wellness Incentive.

Higgins introduced the Group to BCBS's AHealthyMe wellness website. Employees can take an online health assessment; and based on the results, various workshops would be recommended to target the particular health risk. The website could be customized to the Group and could include an incentive program where enrollees could earn points. After 1/1/15 the mail in incentive forms used in the past will not be available, and HP subscribers will not have access to AHealthyMe. Gateway will need to define the point rewards. It was recognized that the Group needs to find ways to encourage those who are "on the fence" about taking charge of their health. There is a need for performance-based wellness programs. Paicos recommended launching the web program as soon as possible, and

later, looking at where the Group's high claims costs are, then targeting disease management. Byrnes will communicate with HP to see if they offer an equivalent wellness incentive program.

Motion by Garbitt to have EBS, HP and Higgins design a plan and recommend how much to spend on incentives by the next meeting date of October 29<sup>th</sup>; then form a sub-committee to define the promotional material for a 1/1/15 launch date, and present it to the Group at the November meeting.

Seconded by Milanoski

Approved Unanimously

### **Audit Update**

Carreiro distributed the FY 2013 Audit. He informed the Group that he engaged the services of Bill Fraher to do the FY 2014 Audit, and recommended not to act on the FY 2013 material weaknesses in the audit, but to wait until the FY 2014 audit is complete to see if they remain the same.

### **Byrnes/Paicos Report**

The consensus was to move ahead with changing from Medex III to the Medex II plan for retirees. IAC meetings need to be scheduled to discuss the proposed change, and a vote of the BOS or School Committee must be taken. The premium reduction results in a savings in entities' insurance budgets, a savings in the OPEB calculations and a savings for retirees. Byrnes will prepare a comparison on each entity's savings vs. their Medicare D Subsidy receipts.

Paicos made a presentation on ways the Group could realize budget savings. Other than changing to the Medex II plan, performing eligibility audits and promoting wellness with lifestyle disease management, which are already in the works, changing to the GIC lookalike plan, as did Carver, eliminating multiple carriers and implementing high deductible plans with HAS's are other ideas.

It was agreed that votes of the BOS to either change to the Medex II plan and/or adopt health care reform should be completed in October. Meetings with IACs and seniors should be scheduled in November.

Motion by Milanoski that the Gateway Health Group agrees that all member units shall convert from the BCBS Medex III plan for seniors to the Medex II plan effective January 1, 2015.

Seconded by Garbitt

Approved Unanimously

### **Old Business**

### **New Business**

### **Next Meeting**

Next meeting date was set for October 29<sup>th</sup> at 9:30 in Carver.

Motion by Milanoski to adjourn at 12:10pm

Seconded by Garbitt

Approved Unanimously

Respectfully Submitted:

Brenda Herbeck

Secretary