

**GATEWAY HEALTH GROUP BOARD OF DIRECTORS
MEETING MINUTES OF MEETING
FEBRUARY 18, 2015
CARVER TOWN HALL**

Attendance:

Carver: Michael Milanoski, Peter Gray
Lakeville: Rita Garbitt
Mattapoisett: Brenda Herbeck, Secretary
Marion: Gary Carreiro, Chair, Anita Donovan
Old Rochester Regional School District: Laura Kearns, Patrick Spencer
Old Colony Vocational Technical School District: Sarah Griffith
GHG Treasurer: Debra Blanchette
EBS Foran: Edd Byrnes
BCBS: Tanya Chakmakian, Amy Higgins

Carreiro opened the meeting at 9:35am

Review of Minutes

Motion to accept the minutes of January 14th by Garbitt
Seconded by Milanoski
Approved Unanimously

Treasurer's Report

Blanchette distributed the January bank summary reports and expense warrant.

Motion by Milanoski to accept the Treasurer's Report
Seconded by Garbitt
Approved Unanimously

Byrnes Report

Byrnes distributed his FY 2016 Prospective Pricing Model report. The proposed rate increase of 1.34% includes funding of stop-loss insurance and fees associated with the Affordable Care Act, but does not include additional funding for building up the surplus.

Motion to set the FY 2016 rate at 2% by Milanoski
Seconded by Garbitt
Approved Unanimously

Discussion ensued on how to promote other means of seeking medical help in lieu of going to the ER, i.e. local clinics, as a means of keeping rates low. Chakmakian stated that BCBS sees a trend of lesser use of the ER, which she attributed, in part, to contracting with providers and educating subscribers to seek out other less expensive care facilities.

Old Business – Wellness Program

Higgins, from BCBS, presented Gateway's Wellness Program, which will be accessible through their "ahealthyme" website. Members and spouses must complete the Online Health Assessment, and then can begin to earn points as presented in the program. She stated that because HP's wellness website is not ready, BCBS is allowing HP subscribers to utilize the BCBS program. After completing the Wellness Assessment, HP members would also need to complete a well-visit attestation to be credited with points.

Motion by Milanoski to allow Byrnes to sign the 3rd-party agreement on behalf of Gateway member units to allow HP to release information to BCBS.

Per discussion at the October 29, 2014 meeting, it was re-iterated that the Group would purchase 60 FitBits to be distributed to the first 60 subscribers to complete the Health Assessment. At that meeting, it had been voted to set aside a total of \$30K to purchase the FitBits and gift cards.

Motion by Spencer to approve the Wellness Program as presented, with the following stipulations:

- A \$50 gift card will be rewarded for attaining 50 points, redeemable through the website's Redemption Center, at a cost to the Group of \$4.95 per card;
- The Wellness Program is open to Active Employees and their Spouses;
- Participants may earn points for a maximum of 2 Wellness Workshops in the calendar year;
- The first 60 subscribers to complete the Online Health Assessment will receive a free FitBit.
- Commencement of the Program is May 1, 2015.

Seconded by Garbitt

Approved Unanimously

Higgins stated that for the Program to succeed, each member unit must identify a "Wellness Champion" to promote the program and disseminate information to subscribers.

Old Business

Regarding the ongoing Medex/HP large claim issue, Byrnes stated they recently sent in more information.

Regarding the GIC, Byrnes stated that in an attempt to close the \$190M deficit, the GIC is planning on increasing rates, co-pays and deductibles.

Next Meeting

Next meeting date was set for Thursday, March 19th at 9:30 in Carver.

Motion by Spencer to adjourn at 11:00am

Seconded by Garbitt

Approved Unanimously

Respectfully Submitted:

Brenda Herbeck

Secretary